



Dear Parent/Guardian & Students-

Welcome to Butler County Area Vocational-Technical School! You have made an excellent decision to pursue a career through our Sports Medicine program. I am excited and proud to be the instructor of the Sports Medicine Program at BCAVTS. I am here to help your student reach their professional goals and dive into the world of sports medicine, rehabilitation and personal training. The Sports Medicine program will cover the key components of rehabilitation and exercise training through a foundation of human sciences and hands-on lab training.

Due to the nature of the coursework and to prepare for your future careers, the following program requirements are necessary for your success.

1. Water-Bottle (A bottle filling station is available)

- Bottles should have your name clearly labeled on it
- No outside food or drink is allowed per the student handbook.

2. One 3" 3-ring binder, One 2" 3 ring binder (2 binders total)

- Dividers and protective sheets are helpful!
- The large binder will be used for class materials, the smaller binder will be used to create the student's portfolio
- You will be provided a folder to take paperwork & materials home to study.

3. Uniform: Clean tennis shoes, Sports Medicine top & athletic-wear bottoms.

- BCAVTS students have the opportunity to change into a lab-appropriate uniform upon arrival.
- Please prepare to leave a set of clean tennis shoes and lab clothing at school.
- Athletic wear bottoms; i.e. > finger-tip length shorts, joggers, or sweatpants are recommended.
-- **Crocs, high-heels, boots, or other open toed shoes are not permitted in the gym or lab area--**
- In September, students will have the opportunity to purchase apparel with our Sports Medicine logo. This will be our class uniform, and will be required to receive daily points. Until those are available, please adhere to the school dress code policy when choosing your attire.
- Students will be provided with a locker and combination lock to store items at school if they so choose.

4. Students will be required to have their cell-phones in their lockers, backpacks, or on the wall at all times during class. This includes air pods/ear-phones. This is to ensure their safety when using equipment, privacy of their classmates, and to facilitate learning. If there is an emergency that you need to reach your student, please contact the main office at 724-282-0735. Not complying will result in a loss of all of their daily points. (25% of their grade)

[First year students only]

350 3x5 Index Cards

- *If you would like to buy a ring to place them on, it will help with organization, but a rubber band will do. These will be used for our medical terminology unit in the fall. The Dollar Tree has the best prices.*

Thank you for your cooperation. Please contact me with any questions or concerns. I hope you all have an amazing summer, and I look forward to a successful school year.

Please see our classroom page on the website for instructions on how to sign up for the "Remind App" & to follow our Sports Medicine Instagram page @sportsmedicine.bcavts

I can't wait to see you on Thursday, August 23rd!

Thank You,

*Jennifer L. Hindman, DPT
Sports Medicine Instructor
HindmanJ@butlertec.us*